

Lasswade 10 Mile Road Race 2019

| Place | Race No. | Name | Club | Time | Cat |
|-------|----------|------------------|---------------------------|-------|---------|
| 1 | 30 | Adam Gray | Penicuik Harriers | 57.04 | M |
| 2 | 160 | Chris Poxton | Corstorphine AAC | 57.28 | M |
| 3 | 223 | Rory Scott | Fife AC | 59.32 | M |
| 4 | 244 | Gary Trewartha | Gala Harriers | 60.46 | MV O/40 |
| 5 | 117 | Craig Dale | Unattached | 60.52 | M |
| 6 | 86 | Ritchie Thomson | Penicuik Harriers | 61.14 | M |
| 7 | 210 | Daniel Macqueen | Unattached | 61.31 | M |
| 8 | 273 | Ken Speirs | Corstorphine AAC | 61.46 | MV O/45 |
| 9 | 105 | John Gibbs | Penicuik Harriers | 61.51 | M |
| 10 | 142 | Connell Drummond | Kilmarnock H&AC | 62.57 | MV O/45 |
| 11 | 63 | Ross Finlayson | Lasswade AAC | 64.17 | M |
| 12 | 345 | Peter Buchanan | Portobello Running Club | 64.25 | MV O/55 |
| 13 | 211 | Craig O'Donnell | Dunbar Running Club | 64.31 | M |
| 14 | 217 | Nick Williamson | Dunbar Running Club | 64.33 | MV O/40 |
| 15 | 324 | Garry MacInnes | Carnethy Hill Racing Club | 64.37 | MV O/50 |
| 16 | 123 | Darin Dougal | Moorfoot Runners | 64.42 | MV O/45 |
| 17 | 310 | Derek Small | Unattached | 64.58 | MV O/50 |
| 18 | 59 | Lisa MacDonald | Unattached | 65.01 | FV |
| 19 | 77 | Simon Adamson | Gala Harriers | 65.12 | MV O/40 |
| 20 | 296 | Daniel Lavin | Carnethy Hill Racing Club | 65.45 | M |
| 21 | 280 | Roy Buchanan | Portobello Running Club | 65.50 | MV O/45 |
| 22 | 209 | Stuart Mounce | Hunters Bog Trotters | 66.09 | M |
| 23 | 97 | Lorenzo Pacitti | Portobello Running Club | 66.15 | MV O/45 |
| 24 | 340 | Amy Frankland | Lasswade AAC | 66.23 | F |
| 25 | 127 | Will Moffat | Lothian Running Club | 66.38 | MV O/45 |
| 26 | 129 | David Worrall | Portobello Running Club | 66.52 | MV O/40 |
| 27 | 239 | Ross Knight | Unattached | 67.05 | MV O/40 |
| 28 | 290 | Ross Williamson | Lothian Running Club | 67.09 | MV O/45 |
| 29 | 156 | Neil Page | Edinburgh Running Network | 67.21 | MV O/45 |
| 30 | 154 | Alastair Andrew | Haddington Running Club | 67.28 | M |
| 31 | 157 | Alan Cameron | Corstorphine AAC | 67.33 | MV O/45 |
| 32 | 317 | Sean Eng | Edinburgh AC | 67.35 | M |
| 33 | 250 | Nicholas Dickson | Unattached | 67.40 | MV O/40 |
| 34 | 203 | Megan Wright | Hunters Bog Trotters | 67.42 | FV O/45 |
| 35 | 254 | William Jarvie | Portobello Running Club | 67.48 | MV O/60 |
| 36 | 184 | Alan McGowan | Carnegie Harriers | 67.56 | MV O/40 |
| 37 | 338 | Doug Fraser | Musselburgh & District AC | 68.01 | MV O/45 |
| 38 | 98 | Gemma Towersey | Penicuik Harriers | 68.11 | F |
| 39 | 13 | Kevin Gemson | Unattached | 68.16 | MV O/40 |
| 40 | 228 | Douglas Kirkham | Unattached | 68.47 | MV O/50 |
| 41 | 187 | Calum Stewart | Lauderdale Limpers | 68.58 | MV O/45 |
| 42 | 62 | Mark Fowleston | Portobello Running Club | 69.00 | MV O/50 |
| 43 | 291 | Kyle Williamson | Lothian Running Club | 69.11 | M U/20 |
| 44 | 283 | Stephen Brown | Lasswade AAC | 69.26 | MV O/45 |
| 45 | 168 | Gareth Overton | Unattached | 69.28 | MV O/45 |

| | | | | | |
|----|-----|---------------------|---------------------------|-------|---------|
| 46 | 322 | Jonathan Campbell | Portobello Running Club | 69.38 | M |
| 47 | 107 | Charles Stable | Musselburgh & District AC | 69.38 | MV O/45 |
| 48 | 240 | Steven Burchill | Unattached | 69.41 | MV O/40 |
| 49 | 353 | Neal Herbert | Unattached | 69.44 | MV |
| 50 | 159 | Michael Sweeney | Unattached | 69.45 | MV O/40 |
| 51 | 83 | Michael Mitchell | Dundee Road Runners AC | 69.47 | MV O/45 |
| 52 | 276 | Fraser Mcfadden | Unattached | 69.55 | M |
| 53 | 25 | Steven Loughrie | Unattached | 70.01 | M |
| 54 | 93 | Adrian White | Harmeny AC | 70.04 | MV O/45 |
| 55 | 301 | Chris Smeaton | Edinburgh Running Network | 70.19 | M |
| 56 | 246 | Andrew Shorey | Unattached | 70.36 | M |
| 57 | 305 | Sandy Orr | Lothian Running Club | 70.39 | MV O/45 |
| 58 | 76 | Raymond Richford | Penicuik Harriers | 70.41 | MV O/50 |
| 59 | 314 | Jason Murphy | Unattached | 70.46 | M |
| 60 | 270 | Scott Dickson | Lasswade AAC | 70.51 | MV O/45 |
| 61 | 234 | Scott Douglas | Unattached | 70.52 | MV O/45 |
| 62 | 126 | Christian Barlow | Portobello Running Club | 71.03 | M |
| 63 | 221 | Richard O'Brien | Unattached | 71.06 | MV O/40 |
| 64 | 169 | Allan Dunbar | Penicuik Harriers | 71.16 | MV O/40 |
| 65 | 120 | Grace Mackenzie | Portobello Running Club | 71.16 | FV |
| 66 | 143 | Jennifer Holden | Portobello Running Club | 71.26 | FV |
| 67 | 38 | Robert O'Neill | Unattached | 71.28 | MV O/55 |
| 68 | 213 | Julie Oswald | Musselburgh & District AC | 71.29 | FV O/45 |
| 69 | 255 | Richie Hallinan | Portobello Running Club | 71.37 | MV O/40 |
| 70 | 331 | Adele Boucher | North Ayrshire AC | 71.41 | F |
| 71 | 87 | Paul Chowdhry | Unattached | 71.54 | MV O/45 |
| 72 | 299 | Rhona Anderson | Dunbar Running Club | 72.00 | FV O/50 |
| 73 | 152 | Russ Wainwright | Edinburgh Running Network | 72.13 | M |
| 74 | 319 | Stephen Dickson | Unattached | 72.18 | MV O/40 |
| 75 | 61 | William McCulloch | Gala Harriers | 72.22 | MV O/55 |
| 76 | 295 | Jonathan Herring | Unattached | 72.33 | MV O/40 |
| 77 | 175 | Alasdair Mcnair | Central AC | 72.35 | M |
| 78 | 185 | Alison Sutherland | Carnegie Harriers | 72.49 | FV |
| 79 | 40 | Craig Weldon | Unattached | 72.58 | MV O/40 |
| 80 | 220 | Stephen Maley | Portobello Running Club | 72.59 | MV O/50 |
| 81 | 39 | Joe Chambers | Springburn Harriers | 73.02 | M |
| 82 | 136 | Douglas Ireland | Jog Scotland | 73.12 | MV O/40 |
| 83 | 337 | Dave Clements | Edinburgh AC | 73.17 | MV O/45 |
| 84 | 321 | Luke Williams | Unattached | 73.19 | M |
| 85 | 65 | Rachel Heathcote | Hunters Bog Trotters | 73.25 | FV |
| 86 | 81 | Philip Williamson | Unattached | 73.32 | MV O/55 |
| 87 | 204 | Paul Bellamy | Unattached | 73.34 | MV O/40 |
| 88 | 282 | Colin Hutcheon | Linlithgow AC | 73.43 | MV O/65 |
| 89 | 336 | David Alcaraz | Unattached | 73.53 | M |
| 90 | 343 | Richard Hadfield | Portobello Running Club | 74.04 | MV O/50 |
| 91 | 94 | Murray Robertson | Kirkintilloch Olympians | 74.15 | M |
| 92 | 325 | Juan Bernal-Sanchez | Unattached | 74.17 | M |
| 93 | 332 | Diego Carrea | Portobello Running Club | 74.21 | M |
| 94 | 195 | Gordon Miln | Unattached | 74.22 | MV O/50 |
| 95 | 200 | Robin Torrie | Unattached | 74.24 | MV O/45 |

| | | | | | |
|-----|-----|-------------------------|------------------------------|-------|---------|
| 96 | 315 | Paige Douglass | Edinburgh Running Network | 74.26 | F |
| 97 | 274 | Christopher White | Unattached | 74.39 | M |
| 98 | 114 | John Dryburgh | Unattached | 74.41 | MV O/55 |
| 99 | 350 | Neil Thomas | Hunters Bog Trotters | 74.45 | MV O/50 |
| 100 | 68 | David Nightingale | Gala Harriers | 74.56 | MV O/60 |
| 101 | 258 | Garry Symington | Unattached | 75.11 | M |
| 102 | 2 | Alister Biggar | Teviotdale Harriers | 75.24 | MV O/45 |
| 103 | 247 | Gethin Jones | Unattached | 75.33 | MV O/40 |
| 104 | 330 | David Legge | Unattached | 75.35 | MV O/40 |
| 105 | 75 | Brian Stewart | Edinburgh Running Network | 75.36 | MV O/45 |
| 106 | 54 | Carole Fortune | Gala Harriers | 75.39 | FV O/55 |
| 107 | 102 | Fraser Watt | Unattached | 75.47 | M |
| 108 | 201 | Ben Cluley | Unattached | 75.50 | MV O/40 |
| 109 | 27 | Jan Dawson | Penicuik Harriers | 76.17 | FV O/40 |
| 110 | 266 | Michael Bisset | Carnegie Harriers | 76.34 | MV O/45 |
| 111 | 248 | Aasim Chaudhry | Unattached | 76.41 | MV O/45 |
| 112 | 264 | Iain Brown | Unattached | 76.53 | M |
| 113 | 137 | Michael Connelly | Corstorphine AAC | 77.03 | MV O/55 |
| 114 | 303 | Alastair Cunningham | Unattached | 77.06 | MV O/50 |
| 115 | 271 | Julian Rose | Unattached | 77.22 | MV O/55 |
| 116 | 10 | Christopher Martin | Musselburgh & District AC | 77.27 | M |
| 117 | 43 | Nick Gellatly | Corstorphine AAC | 77.31 | M |
| 118 | 222 | Louise Turner | Edinburgh Running Network | 77.33 | F |
| 119 | 41 | Mandy Scott | Central AC | 77.41 | FV O/50 |
| 120 | 354 | Edite Gailite | Penicuik Harriers | 78.05 | FV O/40 |
| 121 | 138 | John Penman | Unattached | 78.06 | MV O/55 |
| 122 | 327 | Sandy Wallace | Haddington Running Club | 78.13 | MV O/65 |
| 123 | 42 | Rachel Drummond | Penicuik Harriers | 78.19 | FV |
| 124 | 119 | Archie MacGregor | Unattached | 78.23 | MV O/55 |
| 125 | 132 | Elizabeth-Anne McGongle | Unattached | 78.33 | FV O/40 |
| 126 | 202 | Mark Keast | Unattached | 78.39 | MV O/40 |
| 127 | 272 | Julia Cunningham | Lasswade AAC | 78.52 | FV O/40 |
| 128 | 53 | Mike Malcolm-Smith | Musselburgh & District AC | 78.58 | MV O/50 |
| 129 | 225 | Bruce Wilkinson | Unattached | 79.08 | MV O/40 |
| 130 | 268 | Robert Atherton | Unattached | 79.08 | MV O/65 |
| 131 | 69 | Oliver Pound | Portobello Running Club | 79.12 | M |
| 132 | 339 | Stuart Goodfellow | Unattached | 79.14 | MV O/50 |
| 133 | 146 | Allan Gall | Central AC | 79.14 | MV O/60 |
| 134 | 191 | Gordon Clark | Unattached | 79.22 | MV O/55 |
| 135 | 226 | David Buchan | Unattached | 79.25 | MV O/60 |
| 136 | 111 | Debra Urquhart | Lasswade AAC | 79.32 | FV |
| 137 | 349 | Alejo Rodriguez | Unattached | 79.33 | MV O/40 |
| 138 | 134 | Sally Best | Carnethy Hill Racing Club | 79.52 | FV |
| 139 | 46 | Claire Gilchrist | Ferranti AAC | 80.00 | FV O/50 |
| 140 | 141 | Kevin Graham | Edinburgh AC | 80.02 | M |
| 141 | 309 | Elizabeth Welsh | Edinburgh Running Network | 80.08 | FV |
| 142 | 5 | Aristides Kiprakis | Edinburgh Running Network | 80.13 | MV O/40 |
| 143 | 91 | Caitlin Beagan | Edinburgh Univ Hare & Hounds | 80.16 | F U/20 |
| 144 | 265 | Colin Wilson | Lasswade AAC | 80.17 | MV O/45 |
| 145 | 214 | Andrew Robbie | Unattached | 80.18 | M |

| | | | | | |
|-----|-----|-----------------------|---------------------------|-------|---------|
| 146 | 144 | Ewan Addie | Unattached | 80.19 | M |
| 147 | 286 | Daniel Balfour | Unattached | 80.23 | M |
| 148 | 306 | John McEwing | Unattached | 80.23 | MV O/50 |
| 149 | 162 | Anne Macfarlane | Dumfries Running Club | 80.24 | FV O/55 |
| 150 | 277 | Alan Mcfadden | Unattached | 80.34 | MV O/55 |
| 151 | 206 | Mike Howard | Musselburgh & District AC | 80.35 | MV O/50 |
| 152 | 199 | Julie Moffat | Portobello Running Club | 80.50 | FV O/50 |
| 153 | 148 | Ian Sweeney | Unattached | 80.50 | M |
| 154 | 335 | Hugh Laverty | Clydesdale Harriers | 80.54 | MV O/60 |
| 155 | 257 | Graham Mclean | Corstorphine AAC | 80.59 | MV O/60 |
| 156 | 121 | Steven Scott | Unattached | 81.06 | MV O/45 |
| 157 | 118 | Creag Reece | Unattached | 81.06 | MV O/45 |
| 158 | 45 | John Pringle | Harmeny AC | 81.08 | MV O/60 |
| 159 | 14 | Andrew Raeburn | Unattached | 81.16 | M |
| 160 | 34 | Gordon Campbell | Penicuik Harriers | 81.17 | MV O/40 |
| 161 | 145 | Andy Brown | Unattached | 81.23 | MV O/50 |
| 162 | 227 | Pat Kelly | Unattached | 81.27 | MV O/45 |
| 163 | 267 | Calum MacDonald | Ferranti AAC | 81.28 | M |
| 164 | 95 | Douglas Kyles | Unattached | 81.29 | M |
| 165 | 179 | Stuart Jamieson | Unattached | 82.08 | M |
| 166 | 313 | Andrew Kirkhope | Shettleston Harriers | 82.09 | MV O/55 |
| 167 | 326 | Steven Crawford | Unattached | 82.10 | M |
| 168 | 304 | Rachael Politt | Musselburgh & District AC | 82.18 | FV O/45 |
| 169 | 19 | Jim Skelt | Edinburgh Running Network | 82.21 | MV O/55 |
| 170 | 287 | Neil Martin | Unattached | 82.30 | MV O/40 |
| 171 | 18 | Tracy Philp | Penicuik Harriers | 82.31 | FV O/45 |
| 172 | 253 | David Dunleavey | Unattached | 82.32 | MV O/55 |
| 173 | 21 | Alasdair Miller | Unattached | 82.33 | MV O/50 |
| 174 | 311 | Iain Ross | Unattached | 82.35 | M |
| 175 | 197 | Victoria Dock | Unattached | 82.53 | F |
| 176 | 183 | Mark Angus | Unattached | 82.55 | M |
| 177 | 58 | Clare McTigue | Unattached | 83.03 | F |
| 178 | 15 | Scott Mcdowall | Unattached | 83.12 | MV O/40 |
| 179 | 177 | Cameron Philip | Unattached | 83.20 | MV O/45 |
| 180 | 7 | Antonios Giannopoulos | Unattached | 83.21 | MV O/50 |
| 181 | 64 | Adam Stafforde | Unattached | 83.33 | M |
| 182 | 346 | Eileen Nicol | Gala Harriers | 83.38 | FV O/50 |
| 183 | 334 | Angela Jewitt | Gala Harriers | 83.38 | FV O/45 |
| 184 | 109 | Niall McCluskey | Portobello Running Club | 83.47 | MV O/50 |
| 185 | 348 | Michael McGill | Unattached | 83.49 | MV O/50 |
| 186 | 66 | Aileen Ross | Portobello Running Club | 84.00 | FV O/55 |
| 187 | 352 | Jim Alexander | Lothian Running Club | 84.29 | MV O/55 |
| 188 | 249 | Allan Price | Harmeny AC | 84.32 | MV O/60 |
| 189 | 188 | Claire Dalrymple | Unattached | 84.36 | FV O/55 |
| 190 | 323 | Sheena Marshall | Unattached | 84.47 | FV O/45 |
| 191 | 316 | Mary Hunter | Portobello Running Club | 85.00 | FV O/50 |
| 192 | 33 | Claire Mitchell | Edinburgh AC | 85.02 | F |
| 193 | 74 | Alan Murray | Unattached | 85.03 | MV O/40 |
| 194 | 150 | Lee Wilson | Unattached | 85.14 | FV O/40 |
| 195 | 122 | Alison Mair | Corstorphine AAC | 85.14 | F |

| | | | | | |
|-----|-----|---------------------|---------------------------|-------|---------|
| 196 | 20 | Vivian Miller | Unattached | 85.28 | FV O/50 |
| 197 | 284 | Robert Harding | Unattached | 85.30 | M |
| 198 | 194 | Angela Leggatt | Portobello Running Club | 85.39 | FV O/40 |
| 199 | 57 | Norrie Swan | Unattached | 86.11 | MV O/55 |
| 200 | 300 | Alan Weir | Lothian Running Club | 86.16 | MV O/50 |
| 201 | 130 | John French | Unattached | 86.33 | MV O/45 |
| 202 | 256 | Eric Stevenson | Edinburgh AC | 86.46 | MV O/65 |
| 203 | 233 | Hazel Small | Unattached | 86.56 | FV O/50 |
| 204 | 6 | Vasileios Koutsos | Unattached | 87.04 | MV O/45 |
| 205 | 288 | Louise Piaskowski | Unattached | 87.05 | FV |
| 206 | 347 | Ruth Saint | Edinburgh AC | 87.15 | F |
| 207 | 215 | Emma Lamb | Corstorphine AAC | 87.19 | F |
| 208 | 163 | Chris Oliver | Hunters Bog Trotters | 87.24 | MV O/70 |
| 209 | 55 | Darren Miller | Portobello Running Club | 87.27 | MV O/40 |
| 210 | 260 | Barry Smart | Unattached | 87.29 | MV O/45 |
| 211 | 155 | Gavin Herd | Unattached | 87.33 | M |
| 212 | 293 | Ada Stewart | Kirkintilloch Olympians | 87.52 | FV O/55 |
| 213 | 70 | Victoria Pound | Portobello Running Club | 87.54 | FV |
| 214 | 308 | Samantha Wallace | Harmeny AC | 87.56 | F |
| 215 | 235 | Fiona Skene | Unattached | 88.01 | F |
| 216 | 236 | Marnie Ker | Unattached | 88.14 | F |
| 217 | 113 | Alan Black | Penicuik Harriers | 88.22 | MV O/60 |
| 218 | 167 | Graeme Ingram | Unattached | 88.59 | MV O/45 |
| 219 | 92 | Lorraine Jackson | Unattached | 89.07 | FV O/40 |
| 220 | 344 | Russell Couper | Calderglen Harriers | 89.14 | MV O/50 |
| 221 | 56 | Margaret Wilson | Unattached | 89.15 | FV O/45 |
| 222 | 269 | Jamie Ker | Unattached | 89.34 | M |
| 223 | 329 | Clare Legge | Unattached | 89.36 | FV O/40 |
| 224 | 90 | Sandie Dymond | Unattached | 89.57 | FV |
| 225 | 207 | Marie Findlay | Unattached | 90.00 | FV O/40 |
| 226 | 128 | Jan Damen | Unattached | 90.02 | MV O/45 |
| 227 | 238 | Morna Fleming | Pitreavie AAC | 90.17 | FV O/65 |
| 228 | 26 | Murdo Macleod | Edinburgh Running Network | 90.40 | MV O/55 |
| 229 | 85 | Siobhan Sellar | Ferranti AAC | 90.42 | FV O/50 |
| 230 | 100 | Colin Patterson | Irvine Running Club | 90.45 | MV O/40 |
| 231 | 32 | Dyane Harvey | Unattached | 90.49 | FV O/60 |
| 232 | 259 | Mike Maskrey | Unattached | 91.18 | MV O/45 |
| 233 | 263 | Carole Pritchard | Unattached | 91.19 | FV O/45 |
| 234 | 224 | Thomas Murphy | Edinburgh Running Network | 91.30 | M |
| 235 | 289 | Hannah Walsh | Harmeny AC | 91.53 | F |
| 236 | 164 | David Blackburn | Portobello Running Club | 92.00 | MV O/55 |
| 237 | 302 | Linda Cunningham | Unattached | 92.05 | FV O/50 |
| 238 | 294 | Shirley MacNab | Kirkintilloch Olympians | 92.31 | FV O/50 |
| 239 | 80 | Rennie Melvin | Unattached | 92.36 | MV O/40 |
| 240 | 171 | John Anderson | Unattached | 92.58 | MV O/60 |
| 241 | 37 | Don Currie | Edinburgh Running Network | 93.14 | MV O/60 |
| 242 | 181 | Nan Mollison | Unattached | 93.31 | FV O/55 |
| 243 | 16 | Bryan Keith | Unattached | 93.33 | M |
| 244 | 9 | Charlotte Schofield | Edinburgh Running Network | 93.50 | FV |
| 245 | 88 | Angela Paterson | Unattached | 94.05 | FV O/50 |

| Men's Teams | | | | |
|-------------|-----|-------------------|-------------------------|--------|
| Place | No. | 1st Team | | Points |
| 1 | 30 | Adam Gray | Penicuik Harriers | 16 |
| 6 | 86 | Ritchie Thomson | | |
| 9 | 105 | John Gibbs | | |
| 2nd Team | | | | |
| 2 | 160 | Chris Poxton | Corstorphine | 41 |
| 8 | 273 | Ken Speirs | | |
| 31 | 157 | Alan Cameron | | |
| 3rd Team | | | | |
| 12 | 345 | Peter Buchanan | Portobello Running Club | 56 |
| 21 | 280 | Roy Buchanan | | |
| 23 | 97 | Lorenzo Pacitti | | |
| 4th Team | | | | |
| 25 | 127 | Will Moffat | Lothian Running Club | 96 |
| 28 | 290 | Ross Williamson | | |
| 43 | 291 | Kyle Williamson | | |
| 5th Team | | | | |
| 4 | 244 | Gary Trewartha | Gala Harriers | 98 |
| 19 | 77 | Simon Adamson | | |
| 75 | 61 | William McCulloch | | |
| 6th Team | | | | |
| 11 | 63 | Ross Finlayson | Lasswade AC | 115 |
| 44 | 283 | Stephen Brown | | |
| 60 | 270 | Scott Dickson | | |
| 7th Team | | | | |
| 29 | 156 | Neil Page | Lothian Running Club | 157 |
| 55 | 301 | Chris Smeaton | | |
| 73 | 152 | Russ Wainwright | | |

| | | | | | |
|------------------|-----|----------------------|--------------------------|---------------|--|
| | | 8th Team | | | |
| | | | | | |
| 37 | 338 | Doug Fraser | Musselburgh & District | 200 | |
| 47 | 107 | Charles Stable | | | |
| 116 | 10 | Christopher Martin | | | |
| | | | | | |
| | | 9th Team | | | |
| | | | | | |
| 32 | 317 | Sean Eng | Edinburgh AC | 255 | |
| 83 | 337 | Dave Clements | | | |
| 140 | 141 | Kevin Graham | | | |
| | | | | | |
| | | 10th Team | | | |
| | | | | | |
| 22 | 209 | Stuart Mounce | Hunters Bog Trotters | 329 | |
| 99 | 350 | Neil Thomas | | | |
| 208 | 163 | Chris Oliver | | | |
| | | | | | |
| | | 11th Team | | | |
| | | | | | |
| 54 | 93 | Adrian White | Harmeny AC | 400 | |
| 158 | 45 | John Pringle | | | |
| 188 | 249 | Allan Price | | | |
| | | | | | |
| | | 12th Team | | | |
| | | | | | |
| 30 | 154 | Alastair Andrew | Haddington Runnning Club | 420 | |
| 122 | 327 | Sandy Wallace | | | |
| 268 | 333 | John Good | | | |
| | | | | | |
| | | | | | |
| | | Women's Teams | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Place No. | | 1st Team | | Points | |
| | | | | | |
| 38 | 98 | Gemma Towersey | Penicuik Harriers | 267 | |
| 109 | 27 | Jan Dawson | | | |
| 120 | 354 | Edite Gailite | | | |
| | | | | | |
| | | 2nd Team | | | |
| | | | | | |
| 65 | 120 | Grace Mackenzie | Portobello Running Club | 283 | |
| 66 | 143 | Jennifer Holden | | | |
| 152 | 199 | Julie Moffat | | | |
| | | | | | |
| | | | | | |

| | | | | | |
|-----|-----|---------------------|---------------------------|-----|--|
| | | 3rd Team | | | |
| | | | | | |
| 24 | 340 | Amy Frankland | Lasswade AC | 287 | |
| 127 | 272 | Julia Cunnningham | | | |
| 136 | 111 | Debra Urquhart | | | |
| | | | | | |
| | | 4th Team | | | |
| | | | | | |
| 96 | 315 | Paige Douglass | Edinburgh Running Network | 355 | |
| 118 | 222 | Louise Turner | | | |
| 141 | 309 | Elizabeth Welsh | | | |
| | | | | | |
| | | 5th Team | | | |
| | | | | | |
| 106 | 54 | Carole Fortune | Gala Harriers | 471 | |
| 182 | 346 | Eileen Nicol | | | |
| 183 | 334 | Angela Jewitt | | | |
| | | | | | |
| | | 6th Team | | | |
| | | | | | |
| 68 | 213 | Julie Oswald | Musselburgh & District | 489 | |
| 168 | 304 | Rachael Politt | | | |
| 253 | 152 | Steph Knox | | | |
| | | | | | |
| | | 7th Team | | | |
| | | | | | |
| 214 | 308 | Samantha Wallace | Harmeny AC | 699 | |
| 235 | 289 | Hannah Walsh | | | |
| 250 | 47 | Christina Moorhouse | | | |