

SCOTTISH ATHLETICS INDOOR LEAGUE

Supported by

GLASGOW CITY COUNCIL

Order of Events

THE TRACK EVENTS WILL START AT 9.15a.m. (1.45p.m.for the afternoon) AND WILL RUN CONTINUOUSLY IN THE FOLLOWING ORDER:

On the Circular Track

Event	no	Age Group
600m	1	under 11 girls 4 heats
	2	under 11 boys 4 heats
800m	3	under 20 women 3 heats
	4	under 20 men 3 heats
	5	under 13 girls 3 heats
	6	under 13 boys 3 heats
	7	under 15 girls 3 heats
	8	under 15 boys 3 heats
	9	under 17 women 3 heats
	10	under17 men 3 heats
200m	11	under 13 girls 3 heats
	12	under 13 boys 3 heats
	13	under 15 girls 3 heats
	14	under 15 boys 3 heats
	15	under 17 women 3 heats
	16	under 17 men 3 heats
	17	under 20 women 3 heats
	18	under 20 men 3 heats
300m	19	under 17 women 3 heats
300m	20	under 15 girls 3 heats
300m	21	under 15 boys 3 heats
400m	22	under 17 men 3 heats
	23	under 20 women 3 heats
400m	24	under 20 men 3 heats

On the Straight Track

Event	No	Age Group
60m	1	under 13 girls 2 heats
	2	under 13 boys 2 heats
	3	under 15 girls 2 heats
	4	under 15 boys 2 heats
	5	under 17 women 2 heats
	6	under 17 men 2 heats
	7	under 20 women 2 heats
	8	under 20 men 2 heats
	9	under 11 girls 4 heats
	10	under 11 boys 4 heats
60m Hur	11	under 13 girls 2 heats
	12	under 15 girls 2 heats
	13	under 13 boys 2 heats
	14	under 17 women 2 heats
	15	under 15 boys 2 heats
	16	under 20 women 2 heats
	17	under 17 men 2 heats
	18	under 20 men 2 heats

LIKEWISE THE FIELD EVENTS WILL BE ORGANISED ON A CONTINUOUS BASIS (Starting at 9.15a.m. and as soon after 1.45p.m. as possible)

All times are approx. To save time and allow all events to be included Warm Up will be fixed at one attempt at all events.

High Jump This competition will take place on two mats. -

Mat 'A' (at 60m start)

9:30/14.00 U17 & U20 Men 11.30/15.30 U17& U20 Women (Opening Height U17 -1.25m and U20 – 1.35m)

Mat 'B' (at 60m finish)

9:30/14.00 U13 & U15 Girls 11.30/15.30 U 13 & U 15 Boys (Opening Height U13 – 1.10m and U15 – 1.15m)

Long Jump 1	9:30/14:00	U15 Boys	Shot	9:30/14:00	U20 Women
Arena	10:30/15:00	U15 Girls		9:45/14:15	U17 Women
	11:15/15:45	U17 & U20 Men		10:15/14:45	U13 Boys
	12:00/16:45	U17 & U20 Women		10:45/15:15	U15 Boys
				11:15/15:45	U13 Girls
Long Jump 2	9:30/14:00	U13 Boys		11:45/16:15	U15 Girls
Pit 2	10:15/14:45	U13 Girls		12:30/17:00	U17/20 Men
Warm Up Area					

Standing Long	after 60 m	U11 Girls	
Next to LJ 1		U11 Boys	

PLEASE ENSURE THAT YOUR ATHLETES AND TEAM MANAGERS ARE AWARE OF THESE ARRANGEMENTS AND THAT THEY WATCH WHAT IS HAPPENNING TO ENSURE THAT NO-ONE MISSES THEIR EVENT.