

Timetable Match 1
TRACK

Kilmarnock

FIELD

11:00am	110m Hurdles	U20 /Sen Men	11:00am	Long Jump	U20/Sen Women
11:10am	100m Hurdles	U17M		Discus	All Women
11:15am	100 Hurdles	Senior / U20 W		Shot	U20/Sen Men
11:20am	80m Hurdles	U17W		High Jump	U20/Sen Men
	80m Hurdles	U17W			
11:30am	800m	Senior/U20/U17 Men			
		Senior/U20/U17 Men	12:30pm	Long Jump	U17 Women
		Senior/U20/U17 Men		Shot	U20/Sen Women
		Senior/U20/U17 Men		High Jump	U17 Men
		Senior/U20/U17 Men		Discus	All Men
		Senior U20/U17 Men		Pole Vault	Male/Female
11:55pm	800m	Senior U20/U17 Women			
		Senior/U20/U17 Women	14:00pm	Long Jump	All Men
		Senior/U20/U17 Women		Hammer	All Women
		Senior/U20/U17 Women		Shot	U17 Men
		Senior/U20/U17 Women		High Jump	U17 Women
12:25pm	100m – Pool 1	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men	15:15pm	Hammer	All Men
	100m	Senior/U20/U17 Men		Shot	U17W
	100m	Senior/U20/U17 Men		Triple Jump	9m/11m Board Mixed
	100m	Senior/U20/U17 Men		High Jump	U20/Senior Women
	100m	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men			
13:00pm	100m – Pool 2	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men			
	100m	Senior/U20/U17 Men			
13:25pm	Lunch				
14:50pm	2000m SC	U18/U20/Senior Women			
14:05pm	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
	100m	Senior/U20/U17 Women			
14:40pm	Mile	U17/U20/Senior Men			
	Mile	U17/U20/Senior Men			
14:55pm	Mile	U17/U20/Senior Men			
	Mile	U17/U20/Senior Women			
	Mile	U17/U20/Senior Women			
15:20pm	300m	U17 Women			
	300m	U17 Women			
	300m	U17 Women			

	300m	U17 Women
	300m	U17 Women
15:45pm	400m	U17 Men
	400m	U17 Men
	400m	U17 Men
16:00pm	400m	U20/Senior Women
	400m	U20/Senior Women
	400m	U20/Senior Women
16:15pm	400m	U20/Senior Men
	400m	U20/Senior Men
	400m	U20/Senior Men
	400m	U20/Senior Men